

About Us

Our Company

East Hills Physiotherapy and Massage, providing physiotherapy in Southeast and Northeast Calgary, is the place where people of many different cultures feel comfortable in a caring and professional environment and are helped with an impressive collection of specialized services.

We are distinguished for our expertise and extensive professional services and have a reputation for helping people who had tried other places and had almost given up hope that they could be help.

The difference is our holistic practice philosophy. We do not just follow the pain and start treatments. Instead, we base each therapy recommendation on a detailed and personalized musculoskeletal assessment. We will consult with your physician if necessary and only begin therapy if we believe that we can help you.

Once we have determined the cause of your pain, we prescribe a program focused on therapeutic movement and exercise. Our special services include spinal manipulation, manual therapy, chiropractic, dry-needling, vestibular rehabilitation, massage therapy and the Graston Technique.

Our patients come for spinal manipulation, manual therapy, chiropractic, dry-needling, vestibular rehabilitation, massage therapy and the Graston Technique.